Package leaflet: Information for the patient

BRONCHOSTOP Erkältungs- und Hustensaft

Active substances: Marshmallow root dry extract, Lime flower dry extract,
Ribwort plantain dry extract

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 5 days (3 days in children).

What is in this leaflet

1. What BRONCHOSTOP Erkältungs- und Hustensaft is and what it is used for

The polysaccharides contained in marshmallow root and ribwort plantain relieve oral or pharyngeal irritation and thus the urge to cough during the day as well as during the night. The ingredients of lime flower promote sweating and thereby relieve feverish colds.

Traditional herbal medicinal product for the relief of dry cough as well as night-time cough, pharyngeal irritation and promotion of sweating during (low-grade) fever as early symptoms of a common cold.

The product is a traditional herbal medicinal product for use in the specified indications exclusively based upon long-standing use.

BRONCHOSTOP Erkältungs- und Hustensaft is indicated for use in adults, adolescents and children from 4 years of age.

You must talk to a doctor if you do not feel better or feel worse after 5 days (3 days in children).

2. What you need to know before you take BRONCHOSTOP Erkältungs- und Hustensaft

Do not take BRONCHOSTOP Erkältungs- und Hustensaft
- if you are allergic to marshmallow root, lime flower or ribwort plantain or any of the other ingredients of this medicine (listed in section 6).

Warnings and precautions
Talk to your doctor or pharmacist before taking BRONCHOSTOP Erkältungs- und Hustensaft.

If the symptoms worsen during the use of the medicinal product or if dyspnoea, high fever or purulent sputum occurs, a doctor should be consulted.

Absorption of concomitantly administered medicines may be delayed. As a precautionary measure, this medicinal product should not be taken 30 minutes to 1 hour before or after taking other medicines.

Children
The use in children under 4 years of age has not been established due to lack of adequate data.

Other medicines and BRONCHOSTOP Erkältungs- und Hustensaft
Tell your doctor or pharmacist if you are taking/using, have recently taken/used or might take/use any other medicines.

Interactions are not known.
No interaction studies have been performed.

Pregnancy and breast-feeding
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

Safety during pregnancy and lactation has not been established. In the absence of sufficient data, the use during pregnancy and lactation is not recommended.

Driving and using machines
No studies have been performed on the ability to drive or to use machines.

BRONCHOSTOP Erkältungs- und Hustensaft contains xylitol
This medicine contains 11.04 g xylitol in the maximum daily dose (60 ml). It may therefore have a laxative effect. Calorific value 2.4 kcal/g xylitol.

BRONCHOSTOP Erkältungs- und Hustensaft contains methyl-4-hydroxybenzoate and propyl-4-hydroxybenzoate
These preservatives may cause allergic reactions (possibly delayed).

BRONCHOSTOP Erkältungs- und Hustensaft contains propylene-glycol and benzyl alcohol
This medicine contains 13.6 mg propylene-glycol and 0.002 mg benzyl alcohol per single dose (15 ml). Benzyl alcohol may cause allergic reactions.

3. How to take BRONCHOSTOP Erkältungs- und Hustensaft

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:

Adults and adolescents from 12 years of age:
15 ml (using the measuring cup provided) up to 4 times daily (maximum daily dose up to 60 ml). The last dose should be taken directly before bedtime.

Children from 4 to 11 years of age:
7.5 ml (using the measuring cup provided) 3 to 4 times daily (maximum daily dose up to 30 ml). The last dose should be taken directly before bedtime.

Method of administration:
For oral use.

BRONCHOSTOP Erkältungs- und Hustensaft is taken undiluted. It is recommended to avoid drinking and/or eating for 30 minutes to 1 hour after intake.
A measuring cup is provided.

Duration of use:
If the symptoms worsen or persist longer than 5 days (3 days in children) during the use of the medicinal product, a doctor should be consulted.

Use in children
Due to lack of adequate data the use in children below 4 years is not recommended.

If you take more BRONCHOSTOP Erkältungs- und Hustensaft than you should
No cases of overdose have been reported.

If you forget to take BRONCHOSTOP Erkältungs- und Hustensaft
Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

No side effects are known.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.
You can also report side effects directly via the national reporting system:

Bundesamt für Sicherheit im Gesundheitswesen
Traisengasse 5
1200 VIENNA
AUSTRIA
Fax: + 43 (0) 50 555 36207
Website: http://www.basg.gv.at/

By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store BRONCHOSTOP Erkältungs- und Hustensaft

After opening, do not store above 25 °C. Keep the container tightly closed after use. Keep in original packaging in order to protect from light.

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and on the bottle label after {abbreviation used for expiry date}. The expiry date refers to the last day of that month.
After opening, use within 2 months.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What BRONCHOSTOP Erkältungs- und Hustensaft contains

- The active substances are:

15 ml (= 16.3 g) oral solution contains:

- 187.5 mg of extract (as dry extract) from *Althaea officinalis* L., radix *(*Marshmallow root) (7-9:1). Extraction solvent: water.
- 136.4 mg of extract from (as dry extract) *Tilia cordata* Miller, *Tilia platyphyllos* Scop., *Tilia* x *vulgaris* Heyne or their mixtures, flos (Lime flower) (3-8:1). Extraction solvent: water.
- 150.0 mg of extract (as dry extract) from *Plantago lanceolata* L., folium (Ribwort plantain) (4-6:1). Extraction solvent: water.

- The other ingredients are:
  Maltodextrin, silica colloidal anhydrous, glycerol, xylitol (E 967), methyl-4-hydroxybenzoate (E 218), propyl-4-hydroxybenzoate (E 216), citric acid monohydrate, xanthan gum, strawberry flavour (contains benzyl alcohol (E 1519), propylene-glycol (E 1520)), water, purified

What BRONCHOSTOP Erkältungs- und Hustensaft looks like and contents of the pack

BRONCHOSTOP Erkältungs- und Hustensaft is a brown, opaque oral solution. It is filled into brown glass bottles sealed with a screw cap in 120 ml, 200 ml and 240 ml pack sizes. Not all pack sizes will necessarily be marketed.
The enclosed measuring cup with a scale between 2.5 ml and 20 ml facilitates precise measuring of the recommended amount.

Marketing Authorisation Holder and Manufacturer
Kwizda Pharma GmbH, Effingergasse 21, 1160 Vienna

This medicine is authorised in the Member States of the European Economic Area under the following names:

Austria:	BRONCHOSTOP Erkältungs- und Hustensaft
Bulgaria:	Bronchostop Nite 187.5 mg / 136.4 mg / 150.0 mg oral solution
Czech Republic:	Bronchostop Trio
Estonia:	Broncophen Nite
Croatia:	Bronchostop Trio oralna otopina
Hungary:	Bronchostop Trio köhögés és megfázás elleni belsőleges oldat
Romania:	Bronchostop Trio pentru Tuse și Răceală soluție orală
Slovenia:	Slez, trpotec in lipa Bronchostop peroralna raztopina
Slovakia:	Bronchostop deň a noc perorálny roztok

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This leaflet was last revised in August 2025.